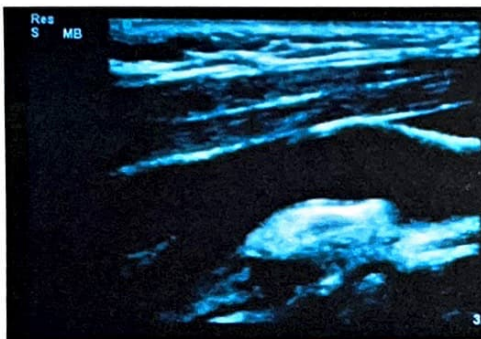


# Take a step toward staying Healthy & Active

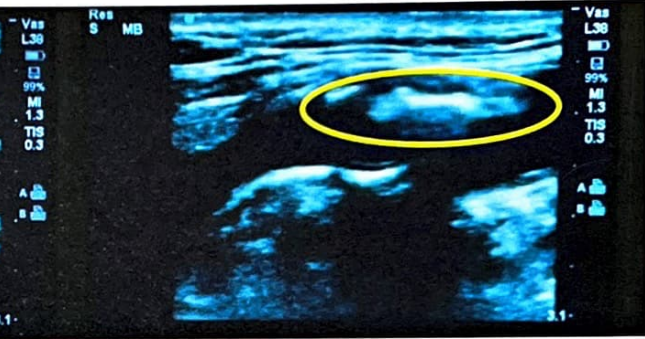
Life Line Screening goes beyond regular checkups to provide a more thorough look at your health.

## Be Smart: Do More For Your Cardiovascular Health

### No Plaque Buildup



### Plaque Buildup



Advanced ultrasound technology looks inside your arteries for signs of plaque buildup. That's why **9 out of 10 cardiovascular doctors** support preventive screenings for those with key risk factors.<sup>1</sup>

## All 5 Screenings for \$149

### Carotid Artery Disease:

An ultrasound is performed to screen the carotid arteries for buildup of fatty plaque.

### Peripheral Arterial Disease:

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs.<sup>2</sup>

### Abdominal Aortic Aneurysm:

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm.

### Atrial Fibrillation:

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for irregular heartbeat.

### Osteoporosis Risk:

An ultrasound is performed to measure the shin bone for abnormal bone mass density.

We are coming to your neighborhood.

**Where: Crawford Memorial United Methodist Church**

**When: Thursday, October 20, 2022**

To register for your appointment and to receive the special discount, please call **1-800-690-0323** or visit **LLSA.SOCIAL/HS**

Adults age 50+ and those 40 and older with one or more risk factors for cardiovascular disease should be screened.

<sup>1</sup> Key Risk Factors include: High blood pressure, high cholesterol, diabetes, obesity, smoking, family history.

<sup>2</sup> No single screening can detect all risk factors for all conditions, such as and including the presence of coronary artery disease.